



2019

Extra-Curricular
Handbook



Immanuel College

Contents

4	Philosophy
4	Policy
4	Aims
5	Rationale & Goals for the Sports Programme
5	School First
5	Nominations
5	Change of Sport
5	Boarder Exeats
5	Exemptions
6	Participation
6	Student Leadership
6	Combining Immanuel Sport with External Club Sport
6	Student Commitment to First Teams
7	Sports Practice
7	Travel to & From Fixtures
7	Absence Procedure
7	Match Cancellations
8	Students
8	Parents
9	Headstart Athlete Development Programme
9	Duke of Edinburgh
11	Session Times
14	Music
14	Music Ensembles
15	Awards and Colours
17	Uniforms
17	Uniform List
18	Other Activities
21	Parent Help

Philosophy

The provision of a range of co and extra-curricular activities, accessible to all students at Immanuel College is made on the basis that:

- Immanuel College is committed to the development of the 'whole person'.
- Contemporary educational thinking and writing supports the view that 'learning to be' and 'learning to live' are important aspects of the curriculum.
- The provision of a diverse range of activities is made to enable students with a wide and developing range of interests, to explore activities beyond their previous experience.
- The range of activities provides opportunities to positively contribute to the ethos and identity of the College particularly through sport* and music programmes.
- The College remains committed to ensuring the highest levels of performance and competition by groups, teams and individuals in the range of activities provided.

* *The competitions administered by the SAAS, IGSSA, SAPSASA and SSSSA.*

Policy

STUDENT PARTICIPATION

1. Year 7-10

All students are **required** to participate in a minimum of **one season** (2 terms) of extra-curricular sporting activity each year and either a second sporting activity or a music or cultural activity.

Year 11-12

All students are **required** to participate in a minimum of **one season** (2 terms) of extra-curricular sporting activity each year.

College sport takes priority over club sport. Students are free to play with clubs, providing that practices/matches do not interfere with College commitments for their nominated area.

2. All competitive team sports are provided by the College to enable participation in the Independent Schools competitions. In conjunction with SAAS expectations, **the College will NOT approve Year 11 and 12 students playing outside the College competition where the College provides a team in that sport at the same time.**
3. **Once nominations for particular sporting activities are confirmed, students are expected to honour the obligation to present themselves for all programmed practices and match fixtures.** Failure to honour this obligation to the school and team members without prior notification and approval of absence, will be followed up with a consequence commensurate to the infraction.

4. Students will **only** be considered for Immanuel College representative teams, state knockout competitions and individual SA Sport based competitions in the sports in which they participate for the weekly school competition. Students playing such sports only in club competitions are not eligible to participate in school representative teams.

Aims

Immanuel College is a member of both the Sporting Association of Adelaide Schools and the Independent Girls' Schools Sport Association competition and aims to provide an equal opportunity for students to:

- Experience fun, enjoyment and a measure of success for all.
- Develop skill and fitness specific to particular sports so that students can experience success through enjoyable participation in both training and competitions.
- Encourage participation by all students in sporting activities commensurate to their physical, mental, social, emotional and skill development.
- Play a wide variety of sports and experience the cooperative and competitive requirements of those sports.
- Develop the capacity to make reasoned decisions about ethical issues in sport that will lead to good player and spectator behaviour.
- Develop and apply knowledge and understanding of:
 - a) the capabilities and limitations of the human body in the performance of sport.
 - b) games, strategies, tactics, rules and umpiring.
 - c) administration, coaching, and basic sports medicine.
 - d) good sporting behaviour – self control, discipline, cooperation, tolerance, respect for others.
- Contribute through participation, to the social, cognitive, emotional and the aesthetic aspects of the individual's development.

The Immanuel College Sport Programme takes into account the fact that competition being linked solely with winning/losing can create negative pressures on a student. To this end, the emphasis on winning shifts throughout the developmental stages of schooling and from team to team within any year level. As a result, in younger and less skilled teams the emphasis is on improvement, enjoyment and equality of opportunity. However, in senior years, College 1st teams aim to make winning a priority and as such may do pre-season training leading up to their season of sport. At least two training sessions may be required for these 1st teams.

SAAS – *Sports Association for Adelaide Schools*
IGSSA – *Independent Girls' Schools Sport Association*
SSSSA – *Secondary School Sport South Australia*
SAPSASA – *South Australian Primary Schools Amateur Sport Association*

Rationale & Goals for the Sports Programme

Immanuel College Sport is a logical extension of all of the components of the comprehensive Immanuel College Physical Education Programme. Immanuel College Sport involves education about sport, through sport and for participation in sport, furthering the education philosophy of developing the whole individual. It will involve:

- Further development of the knowledge, skills, attitudes and values gained through physical education.
- Encouraging all students to maximise their potential, and to use their knowledge and skills in an appropriate competitive sporting environment.
- Developing knowledge, skills, tactics, strategies, behaviour and fitness specific to the sport or sports chosen.
- Developing players as skilled performers and knowledgeable spectators in a whole range of individual and team competitive sports.
- Developing interested players as prospective coaches, referees, umpires, trainers and administrators of sport.

School First

In Senior years, a shared goal for coaches and team members in 1st teams is to aim to have success and this is measured by winning. Therefore the College enforces the 'School First' rule which states if a student in Year 11 or 12 plays for a club then the student must nominate for that particular sport at the College if it is on offer.

Nominations

Nearing the end of the school year, all students will be required to nominate the sports for which they wish to seek selection in the following year.

As the number of teams entered in competitions is based on these nominations, students are obliged to commit to that sport/team for the season. Summer sports season: Terms 1 & 4. Winter sports season: Terms 2 & 3. Students nominate for a whole season of sport by 1st February.

If a student does not meet the requirement in their nominated sport in one year they will not be permitted to re-nominate for that sport in any subsequent years.

Change of Sport

It is not usually permitted for students to change sports once nominations have been submitted by the Sport Coordinator. If exceptional circumstances arise, parents are invited to contact the Sports Coordinator to discuss the particular situation.

Boarder Exeats

- Girls:** Matches **will not normally** be scheduled
- Boys:** All 1st and Senior A/B teams will normally have matches scheduled and all other teams **may play** subject to the Boys' Sport Coordinator entering them in the SAAS round.
- Boarders who are members of a Senior 1st or Open A team are required to be available for selection during exeats.

Exemptions

Immanuel College offers a wide range of sports within both the Independent schools and State schools competitions. The College policy embraces the belief that all students should participate in regular physical activity and encourages their involvement in sporting endeavours. This is seen to add to the total development interdependence and leadership opportunities complementing and assisting their intellectual development.

Students are expected to represent the College in their chosen sport, but it is acknowledged that there may be exceptional circumstances why a student may not be able to commit themselves to a College team.

Grounds for application for an exemption are:

- Existence of a chronic medical condition.
- A student participating at an elite level in an activity/sport. For example SANFL League Football, Div 1 Tennis Men/Womens Pennant.
- A student participating in a sport not offered by the College.
- Family financial hardship that necessitates a student working to assist in fee payment.

Applying for an exemption:

- **All exemptions must be requested by the end of the academic year** and approved by the Principal prior to the start of the next academic year, otherwise the expectation is that each student will participate fully in all training sessions of his/her chosen sport and be available at all times for selection. The Principal will consider applications for exemption in any given year on receipt of a completed form that is obtainable from the Sports Coordinators.
- Maintaining and presenting a journal each term outlining training and commitments made will be a requirement once exemption has been granted. Failing to present a journal may ensure future applications for exemptions will not be accepted.

Participation

Required levels of student participation

ACTIVITY Boys' & Girls' Sport	YEAR 7-10 All students are required to participate in a minimum of one season (2 terms) of extra-curricular sporting activity each year and <u>either</u> a second sporting activity or a music or cultural activity. College sport takes priority over club sport. Students are free to play with clubs, providing that practices/matches do not interfere with College commitments for their nominated area.	YEAR 11-12 All students are required to participate in a minimum of one season (2 terms) of extra-curricular sporting activity each year. College sport takes priority over club sport. Students are free to play with clubs, providing that practices/matches do not interfere with College commitments.
Cultural Activities	Students select extra-curricular activities each year from the range of music, debating, critical & collaborative thinking programmes and other activities. (see Pages 18 to 19)	Students select extra-curricular activities each year from the range of music, cultural and other recognised activities made available.

Student Leadership

The Role and Characteristics of a Sports Captain

- Genuine commitment during all training, matches and associated functions.
- Encouragement for all team members at all times.
- Leadership by example.
- Personal and team discipline.
- To demonstrate the highest levels of sportsmanship.
- Speech making after games and at functions.
- Attend meetings at and beyond the College as required by the Coach or the Director of Sport.
- Assistance when required in selection and planning.
- A link between the players and the Coach.

As Captain, your responsibility is not limited to the First's team but extends to the sport that you represent. The role of Captain is not always easy. A leader cannot try to please everyone all the time. A good leader must make decisions that consider the ramifications to the whole community, but most importantly, what they themselves feel is the right option. A good leader does not have to be the loudest, the most knowledgeable or the best player. The style they adopt in their leadership will take time. A good leader makes team members feel a part of the team - a valued member. A good leader encourages and supports. A good leader doesn't take all things on themselves: they use their Vice-Captains and Committee to help and support them.

Unity is an important part of team sport and as Captain you will play a pivotal role in its development at Immanuel. You will be expected to liaise with the junior teams and where possible attend their matches or training. It is important you realise that you will be a role model to them and the members of your own team.

The appointment of Captain of a 'First' team is subject to the approval of the Principal of Immanuel College and the Sports Coordinator.

Combining Immanuel Sport with External Club Sport

On enrolment at Immanuel College students are agreeing to a commitment to Immanuel sport. They are therefore required to be available for selection for weekend sport for the school in line with the expectations outlined above. At no time will a commitment to external clubs be seen as a reason to be exempted from Immanuel sport.

The only exception to this rule is for students who are selected to compete at a Senior Open Division mens/women's and/or State/National level of competition. These students must notify the Sports Coordinator to achieve a temporary exemption.

Student Commitment to First Teams

The school's requirement for a member of a First's team training squad is that:

- A student is required to be available to train and play in all the school's scheduled fixtures. This includes intra and inter-school practice matches considered by the coach as important to the functioning of the team. If the coach of a First team does not require a player for a scheduled practice match, the player may approach the coach to seek permission to play for an outside team.

- A student is not encouraged to play a second competitive match with an outside team in any week that the school team has a fixture. However, the coach in consultation with the Sports Coordinator has the discretion and the authority to grant an exemption to this rule.
- If the school does not have a scheduled fixture in a given week during the season, the parents of a student may make application to the Director of Sport for permission to play in that week with an outside team. This permission would only be granted if this does not conflict with the team's preparation for a SAAS or IGSSA fixture.
- Parents wishing a student to be exempt from a school commitment for State representation would make a written application at the earliest possible date to the Director of Sport.

Sports Practice

Sports practices are held after school (3.30 pm – 5.00 pm approximately) or before school (7.00 am – 8.15 am) once or twice per week. **Students are expected to attend all scheduled practices. If a student is unable to attend a practice for any valid reason, he or she is expected to bring a note or email the Sports Coordinators from his or her parents explaining the absence from practice.**

Parents are asked to arrange any external appointments at times that avoid designated practices.

DRESS FOR PRACTICES

All students are to be dressed in clothing/shoes appropriate to that sport (refer to Page 17). Appropriate Immanuel hats are actively encouraged to be worn in Terms 1 and 4 for outside activities.

Travel to & from Fixtures

No student is permitted to travel with a student driver unless parental permission is provided.

Day students are generally expected to make their own transport arrangements. Parents' assistance with the transport of boarders is greatly appreciated. Boarders will be transported to all away venues by the school if necessary.

Absence Procedure

If **absent on Friday**, please leave a message to indicate whether the player concerned will be available or not for the fixture. This message should be directed to the Sports Coordinator **before 1.00 pm**. If absent for training, Sport Coordinators should also be contacted regarding this absence.

Match Cancellations

SAAS (BOYS' SPORT) HOT WEATHER BLANKET CANCELLATION PROCEDURES

(other than for water based sports)

For Boys' Saturday Sport

If the temperature for the forthcoming Saturday is forecast at 38°C in Friday's *The Advertiser*, all Saturday sport with the possible exception of First XI Cricket, will be cancelled.

If the forecast temperature is less than 38°C but conditions are considered as extreme, the SAAS Sporting Administrator, in consultation with The Chair of Executive and Coordinators, will inform both Coordinators and Principals of schools by email if sport is to be cancelled.

This should occur as soon as possible on Friday morning prior to the Saturday's games.

Coordinators will then be expected to communicate with students/coaches/parents, informing them of the situation. First XI Cricket will be cancelled on an assessment of local conditions when either one or both coaches (or other senior school officials) decides that the match should be cancelled. Playing conditions will be varied in hot weather to allow for extra drinks breaks and variations to playing time.

For mid week sport

(with the exception of water sports)

If the temperature (for the following day) is forecast to be 36°C or more in *The Advertiser* all sport for that day will be cancelled.

If the forecast temperature is less than 36°C but conditions are considered as extreme, the SAAS Sporting Administrator, in consultation with the Chair of Executive and Coordinators, will inform both Coordinators and the Principals of schools by either/or fax/email if sport is to be cancelled.

OTHER CANCELLATIONS DUE TO HOT WEATHER

A school may elect to cancel fixtures where the forecast temperatures are lower levels than those stated above where local conditions are more severe and pose an increased risk for student participation.

CANCELLATIONS DUE TO OTHER WEATHER CONDITIONS

The SAAS Sporting Administrator in consultation with the Chair of the Executive may issue a blanket cancellation where weather conditions across the metropolitan area are considered to be so extreme as to warrant such a cancellation.

It is recognised that local conditions (hail, lightning, rain etc) are likely to have a greater impact and so host schools will have the discretion to cancel fixtures.

Where such cancellations are made it is the responsibility of the host school to inform all visiting schools and to contact radio station Mix 102.3 so that cancellations can be announced in the 8.00 am news bulletin.

HEAVY RAIN/HAIL/WIND GUSTS

Heavy rain or hail is unlikely to present as a significant personal injury risk to participants. However, heavy rain or hail may leave a playing surface dangerous and therefore unplayable. As is the case with lightning/thunderstorms, it is not possible to have in place a policy that can be applied to all venues on a particular day. The following guidelines should be followed:

- In the event of heavy rain or hail, if the conditions such as the safety of the playing surface or player welfare are deemed unsafe by either team coach (or referee) then play should initially be suspended.
- If the conditions improve i.e. rain stops or eases to what is considered a safe level by coaches/referees and the playing surface can be cleared or has drained sufficiently to enable play to re-commence, games should then be completed.
- This may also require a modification of existing rules regarding the duration of the game.

IGSSA (GIRLS' SPORT) EXTREME WEATHER GUIDELINES

Hot Weather – Saturday Morning Sport

If the weather is predicted to be 38°C or above at 12pm on Friday on the Bureau of Meteorology website, Saturday morning sport will be cancelled.

Hot Weather – Mid-Week Sport

If the weather is predicted to be 36°C at 9am on the Bureau of Meteorology website, that afternoon's sport will be cancelled.

Inclement Weather

In the event that mid-week matches are cancelled due to weather or any other unforeseen reason (such as the playing surface deemed unsafe) the decision to cancel will be made by the Director of Sports of the host school who should advise the opposing school(s) as early as practical.

Lightning/Thunderstorms

Due to the inability to accurately forecast electrical storms and the likelihood of very localised weather patterns it is not possible or practical to create a policy that can be applied to all venues on any particular day. However the following guidelines should be considered and followed:

- If the weather forecast is for possible thunderstorms/lightning remain vigilant for approaching storms and/or changing or rapidly deteriorating conditions.
- If you see lightning apply the '30-30 Rule'. Count the time from seeing lightning to when accompanying thunder clap is heard, **if less than 30 seconds** (storm is less than 10 kms away) go immediately to a safer place. Wait 30 minutes after the last thunder clap before continuing play in an open area.
- Hearing thunder means that lightning is likely to be within striking range.

- In the event of thunderstorm/lightning where player/officials/spectator welfare is deemed unsafe by either team coach (or referee) play should be suspended.
- If conditions improve – remember the '30-30 Rule' and wait 30 minutes, games may recommence. This may require some modification to duration of game.

Students

COMMITMENT

- Once a student has made a commitment to a sport, they must complete the season. Attendance at matches and practices is compulsory.
- Absence from a match or practice for an unavoidable reason, e.g. illness must be explained to the Sports Coordinators prior to the absence.
- Parents seeking permission for a student to be excused from a match must apply in writing to the Sports Coordinators of the activity, at least 48 hours prior to the match.
- A student wishing to play a sport must give priority to participation for the College if the sport is offered by the College.
- Students must be punctual for practice and matches.

SPORTSMANSHIP

- Unsporting behaviour is not permitted. Verbal or physical abuse of opponents or umpires/referees is forbidden.
- Umpire's/referee's decisions are to be obeyed promptly and without question.
- Students must not criticise their own players on or off the field.
- Students are to respect the decisions of their coaches.
- It is the responsibility of every team member to strive for good team and school spirit.
- Always be ready to thank the opponents, the umpires/referees and the coaches.

Parents

COMMITMENT

- Emphasise to your son/daughter the importance of fulfilling a commitment. Allow your son/daughter to choose a sport which satisfies his/her interests, not yours.
- Emphasise to your child the importance of correct dress, punctuality, respect of equipment and responsibility toward a commitment.

SPORTSMANSHIP

- Focus upon your child's efforts and performance rather than the overall outcome of the event and applaud good play by all teams.
- Support all efforts to remove verbal and physical abuse from sporting activities. If you disagree with an official or coach, raise the issue through the appropriate channels at school rather than question the official's judgement on honesty in public. Remember most officials give their time and effort for your child's involvement.
- Condemn the use of violence in any form, be it by spectators, coaches, officials or players.

GENERAL

- Never ridicule your son/daughter for making a mistake. Always be ready to show appreciation to your son's/daughter's coach. He/she does his/her best and deserves your support.
- Parental involvement is always welcome. Your support as a coach, umpire, scorer, will contribute to the development of sport at Immanuel.
- The consumption of alcohol is not permitted at any Immanuel sporting activity.
- Immanuel College is a smoke free environment.
- If a parent has a query or concern, this must be directed to the Sports Coordinator in the first instance, rather than the coach of a team where possible.

HeadStart Athlete Development Programme

The Headstart Athlete Development Programme is a sport and personal development extension programme.

In line with the College mission statement, content and methods of delivery focus on the development of the 'whole' person.

Two major aims of the programme are:

1. to enhance students' current sports participation by providing specialist instruction in fields rarely available at club and school sport levels.
2. to further develop relationships with relevant elite sporting programs e.g. SAPSASA (South Australian Primary Schools' Amateur Sport Association), SSSSA (Secondary School Sport South Australia), SASI (South Australia Sports Institute) and local associations and clubs.

Specific concepts embraced by the programme include:

- The 5 S's – speed, strength, suppleness, stamina and skill development
- The ABCs – agility, balance and coordination enhancement
- Recovery and Mind Skills – sports psychology, hydrotherapies, nutrition and hydration
- Long Term Athletic Development – how to train/prepare/manage your body.

Strong links are already in place with the Immanuel College Physical Education Programme. Stage 1 and Stage 2 curriculum units include Physical Training Methods, Human Anatomy and Physiology, Psychology of Learning and Sports Injuries. Our Year 10 programme offers students the opportunity to accomplish a national coaching accreditation (Community Coach).

Early in the new school year, letters will be posted home to all Middle School families offering further detail and calling for interested students to apply for 2019 selection.

While the programme has been established for Immanuel College Middle School students, Senior School and off campus athletes have previously participated in individual components. Content is structured to suit both students new to the programme and those planning to re-enter. I look forward to welcoming a 2019 intake of Headstart applicants following the completion of the selection process.

Tony Checker, Headstart Programme Manager

Duke of Edinburgh

The Duke of Edinburgh's Award is an international youth development programme, available to all students at Immanuel aged from 14 to school leaving age. The students may then continue on with the award if they wish until they are 25 years of age. Being voluntary, flexible, non-competitive, balanced, progressive, challenging and most of all enjoyable, it provides an opportunity for students to achieve personal excellence and build self-esteem, self-confidence, self-reliance, self-motivation and respect for others via their involvement in service, skill, physical recreation and expedition activities. The award encourages community service, physical wellbeing, skills and expeditions.

The Award programme has three levels – Bronze, Silver and Gold. **We encourage all of our students to commence the award at the Bronze Level** after their fourteenth birthday.

When students enrol to become **Award Participants** they choose an activity and set a personal goal in four sections:

- Skill
- Physical Recreation
- Community Service
- Adventurous Journey
- Residential Project (Gold level only)

Session Times

GIRLS' SPORT - Terms 1 & 4

Contact Person: Sports Coordinator

PROPOSED TEAMS & GROUPS	PRACTICE SESSIONS		COMPETITION DAY & TIME	
Basketball <ul style="list-style-type: none"> • Middle A/B • Middle C • Senior A/B • Senior C 	Thursday Thursday Tuesday Tuesday	3.45 – 5.00 pm 3.45 – 5.00 pm 3.45 – 5.00 pm 3.45 – 5.00 pm	Wednesday Monday Wednesday Monday	3.30 – 6.00 pm 3.30 – 6.00 pm 3.30 – 6.00 pm 3.30 – 6.00 pm
Softball <ul style="list-style-type: none"> • All Grades 	Thursday	3.45 – 5.00 pm	Saturday	8.00 – 11.30 am
Tennis <ul style="list-style-type: none"> • Year 7-12 	1 or more sessions per week Monday, Wednesday, Thursday, Friday Thursday	7.00 – 8.00 am 3.30 – 5.00pm	Premier League/ Premier League Reserves	Monday 3.30 – 5.30pm
<ul style="list-style-type: none"> • Drive (<i>invite only</i>) 	Friday	7.00 – 8.00 am	All other grades	Saturday 8.00-10.00am
Volleyball <ul style="list-style-type: none"> • Middle • Senior • High Performance 	Monday Friday Wednesday	7.00 – 8.15 am 7.00 – 8.15 am 7.00 – 8.15 am	Saturday Saturday Saturday	8.00 – 11.30 am 8.00 – 11.30 am 8.00 – 11.30 am
Aerobics <ul style="list-style-type: none"> • Year 10, 11 & 12 	Thursday	3.45 – 5.00 pm		

* Practice session times, some competitions, venues and days are a **guide only**. This may change depending on availability of coaches.

** Games will take place within the allocated time span – they will not automatically take up the full duration.

*** Do not choose a sport with early morning trainings if you cannot attend the training session.

**** All Term 1 sports continue in Term 4. Please note this when selecting your sport. However, Year 12s may elect to play Term 1 only but must speak to the Coordinator prior to the commencement of the Term 4 season.

GIRLS' SPORT - Terms 2 & 3

Contact Person: Sports Coordinator

PROPOSED TEAMS & GROUPS	PRACTICE SESSIONS		COMPETITION DAY & TIME	
Badminton	Mon or Wed (Open A - both compulsory)	3.45 – 5.00 pm	Saturday	7.30 – 11.30 am
Netball <ul style="list-style-type: none"> • Middle • Senior • Open A/B & Academy 	Either Tues or Thur 1 session per week TBC 2 sessions per week TBC	3.45 – 5.00 pm 3.45 – 5.00 pm 7.00 – 8.00 am 7.00 – 8.15 am	Saturday Saturday Saturday	8.00 – 11.30 am 8.00 – 11.30 am 8.00 – 11.30 am
Soccer	Monday	3.45 – 5.00 pm	Wednesday	3.30 – 6.00 pm
Hockey	Thursday (on turf)	3.45 – 5.00 pm (bus provided to venue only)	Saturday	8.00, 9.15 or 10.45am
Football	TBC 1 session per week		Friday 3.45 – 5.30pm	

* Practice session times, some competitions, venues and days are a **guide only**. This may change depending on availability of coaches.

** Games will take place within the allocated time span – they will not automatically take up the full duration.

*** Do not choose a sport with early morning trainings if you cannot attend the training session.

BOYS' SPORT – Terms 1 & 4

Contact Person: Sports Coordinator

PROPOSED TEAMS & GROUPS	PRACTICE SESSIONS		COMPETITION DAY & TIME	
Tennis • Year 7-12 • Drive (<i>invite only</i>)	1 or more sessions per week	7.00 – 8.00 am	Premier League/ Premier League Reserves	Monday 3.30 – 5.30pm
	Monday, Tuesday, Wednesday Thursday, Friday Thursday Friday	3.30 – 5.00pm 7.00 – 8.00 am	All other grades	Saturday 8.00 – 10.00am
Cricket • Year 7, 8, 9, 10, 4th XI • First XI	1-2 sessions TBC	3.45 – 5.00 pm	Saturday	8.15 – 11.45 am
	Tuesday & Thursday	3.45 – 5.00 pm	Saturday	12.15 – 5.30 pm
Badminton Middles (<i>Years 7-9</i>) Seniors (<i>10-12</i>) All A Grade Only	Wednesday	3.30 – 5.00 pm	Saturday	9.00 – 10.15 am or 10.30 – 11.45 am
	Friday	7.00 – 8.00 am		
	Friday	3.30 – 5.00 pm		
	Tuesday	7.00 – 8.00 am		
Volleyball • Middle (<i>Years 7, 8, 9</i>) • Senior (<i>Years 10, 11, 12</i>) High Performance	Thursday	7.00 – 8.15 am	Friday	3.30 – 6.00 pm
	Tuesday	7.00 – 8.15 am	Friday	3.30 – 6.00 pm
	Wednesday	7.00 – 8.15 am	Friday	3.30 – 6.00 pm

* Practice session times, some competitions, venues and days are a **guide only**. This may change depending on availability of coaches.

** Games will take place within the allocated time span – they will not automatically take up the full duration.

*** Do not choose a sport with early morning trainings if you cannot attend the training session.

**** All Term 1 sports continue in Term 4. Please note this when selecting your sport. However, Year 12s may elect to play Term 1 only but must speak to the Coordinator prior to the commencement of the Term 4 season.

BOYS' SPORT – Terms 2 & 3

Contact Person: Sports Coordinator

PROPOSED TEAMS & GROUPS	PRACTICE SESSIONS		COMPETITION DAY & TIME	
Football • Year 7 • Year 8 • Year 9 • Year 10 • 3rd XVIII • 2nd XVIII • 1st XVIII	Thursday	3.45 – 5.00 pm	Saturday	8.45 – 10.00 am or
	Mon & Wed	3.45 – 5.00 pm	Saturday	10.30 am – 12.00 pm
	Mon & Wed	3.45 – 5.00 pm	Saturday	8.45 – 10.00 am or
	Mon & Thu	3.45 – 5.00 pm	Saturday	10.30 am – 12.00 pm
	Thursday	3.45 – 5.00 pm	Saturday	11.30 – 2.00 pm
	Tue & Thu	3.45 – 5.00 pm	Saturday	11.30 – 2.00 pm
	Tue & Thu	3.45 – 5.00 pm	Saturday	1.00 – 5.30 pm
Soccer • Year 7-10 • Open A • Open B	1 session per week	3.45 – 5.00 pm	Saturday	8.15 or 9.45am
	Tuesday	7.00 – 8.00 am	Wednesday	4.00 – 6.00pm
	Tuesday	3.45 – 5.00 pm	Saturday	8.15 or 9.45am
Basketball • Senior A, B, C, D • Middle A, B, C, D Senior A, B	2 sessions per week	3.45 – 5.00 pm	Saturday	Sen & Jnr A, 10.30 am
	Mon & Wed	3.45 – 5.00 pm	Saturday	Sen & Jnr B, 9.30 am
	Tue & Thu Tuesday	7.00 – 8.00 am	Saturday	Sen & Jnr C, 8.30 am
Hockey Offered dependent on sufficient student numbers. Another 2nd choice option must be chosen.				

* Practice session times, some competitions, venues and days are a **guide only**. This may change depending on availability of coaches.

** Games will take place within the allocated time span – they will not automatically take up the full duration.

MIXED SPORT – Terms 1 & 4

Contact Person: Sports Coordinator

PROPOSED TEAMS & GROUPS	PRACTICE SESSIONS		COMPETITION DAY & TIME	
Dance	Students selected via auditions in Term 1. 1-2 sessions per week. Limited numbers. Alternative sport must be selected.		Terms 1, 2 & 3 TBA	Weekend TBA
Swimming • Immanuel Pool	Term 1 & 4 2 sessions per week Tuesday, Thursday	7.00 – 8.00 am	Term 1 only Wednesday	3.30 – 5.30 pm
Sailing * • Teams Racing (Invitation Only) • Beginners	Tuesday & Thursday Wednesday	3.30 – 6.30pm 3.30 – 6.30 pm 3.30 – 6.30pm	Regatta's TBA	
Track & Field Athletics ** • Sprints/ Middle Distance	(Term 1) Monday & Thursday AND (Term 3, Weeks 7-10) various days	3.45 – 5.00 pm 3.45 – 5.00 pm	Students would be required to participate in the House Sports Day (Term 1) and be available for selection the following competition (at right)	Term 1 – SSSSA – Schools Knockout Heats & Finals (if successful be available to compete in the Nationals in Term 3 – IGSSA (Girls), Achilles (Boys), Co-Ed (Boys/Girls), SAPSASA (Year 7 Boys/Girls)

* Sailing: Coaching is through Adelaide Sailing Club, which will incur a fee for accreditation.

** Athletics Training: In an extension to the College's extra-curricular sport programme, sprint and resistance training are also available on campus. Please contact Mr Checker or see Page 9 (Headstart). *Students who select Cross Country/Athletics as a sport choice must purchase an athletics top to wear at trainings and competitions. This is available at the Uniform Shop.

MIXED SPORT – Terms 2 & 3

Contact Person: Sports Coordinator

PROPOSED TEAMS & GROUPS	PRACTICE SESSIONS		COMPETITION DAY & TIME	
Cross Country	Tuesday & Thursday	3.45 – 5.00 pm	Wednesday	3.45 – 5.00 pm
Self Defence (Years 8-12 only)	Thursday	3.45 – 5.00 pm	Nil	Nil
Squash	Tuesday	3.45 – 5.00 pm	Friday	3.30 – 6.00 pm
Table Tennis	1 session per week either M, T, W, Th	3.45 – 5.00 pm	Friday	3.30 – 7.00 pm
Pedal Prix	6.30 – 8.30pm. 1 maintenance session/and or race practice on randomly selected weekends at Victoria Park racecourse. Personal fitness training by all students is required (gym training will also feature). Monday 3.45 – 5.00pm		1 x 6 hour race (Term 2) 1 x 6 hour race (Term 3) 1 x 24 hour race (late Term 3)	

Music

Music plays an active role in both the curricular and extra-curricular areas of the College. Participation in performance is given an emphasis both within the College and in the wider community.

Any student in the College may audition for extra-curricular ensembles and is encouraged to do so.

Individual tuition on a wide range of instruments is also available to all students in the College.

Piano and voice tuition is also available after hours. These classes are open to both College students and the wider community.

The Elective Music courses provide a sound basis and background of experiences for students to take Music as a Year 11 or 12 subject. All Elective Music students in Years 8-10 participate in a curricular instrumental ensemble, supplemented by relevant theoretical components and a variety of other electives including music technology.

Year 8 students with no previous experience on a concert band instrument may receive group instruction, free of

charge, on a selected instrument until such time as individual tuition is considered advisable.

Students who have already reached an acceptable standard on a stringed instrument are accepted into the String Programme.

Advanced piano students who wish to major in that instrument in senior years are encouraged to gain experience on another instrument in order to participate actively in ensembles where there are only limited positions available for keyboard players.

Instruments are supplied by the College at a nominal hire cost.

It is encouraged that students give a three year commitment to the subject in order to gain the maximum benefit from their efforts.

Details of the tuition programme are outlined in the **Music Student Handbook** which can be downloaded from the College website or the immi Parent Home Page.

Music Ensembles

MUSIC - Terms 1-4

Contact Person: Paul Kolomitsev

PROPOSED GROUPS	PERFORMANCE	REHEARSAL/PRACTICE SESSIONS
Big Band One	Min 8 performances per year	Thursday 7.30 - 8.50 am 1 hour per week private practice
Big Band Two	Min 5 performances per year	Friday 7.30 - 8.50 am 1 hour per week private practice
Immanuel String Orchestra	Min 5 performances per year	Monday 3.40 - 4.45 pm 15-30 minutes per week private practice
Chamber Orchestra	Min 8 performances per year	Wednesday 3.40 - 5.15pm 1 hour per week private practice
VoxPop (Year 7/8 Choir)	Min 5 performances per year	Tuesday 3.40 - 4.45 pm 15-30 minutes per week private practice
Senior Vocal Ensemble (Years 9-12)	Min 8 performances per year	Tuesday 3.40 - 5.15 pm 15-30 minutes per week private practice
Vocal Jazz Blue	Min 8 performances per year	7.30 - 8.50 am or 3.40 - 5.15 pm (day TBC) 30-45 minutes per week private practice
Vocal Jazz Gold	Min 8 performances per year	7.30 - 8.50 am or 3.40 - 5.15 pm (day TBC) 30-45 minutes per week private practice
Senior Concert Band	Min 5 performances per year	Wednesday 3.40 - 5.15 pm 30-45 minutes per week private practice
Little Big Band	Min 5 performances per year	Monday 3.40 - 4.45 pm 15-30 minutes per week private practice
Year 9 Chapel Band	Min 8 performances per year	Wednesday 7.30 - 8.50 am 15-30 minutes per week private practice
Rock Band	Min 5 performances per year	Wednesday 7.30 - 8.50 am 15-30 minutes per week private practice

NB: Participation in extra-curricular ensembles is dependent on selection by audition to be finalised at the beginning of Term 1, 2019. Rehearsal times and days are a guide only, as this may change depending on availability of directors.

Awards & Colours

CHESS

CRITERIA FOR AWARDING BADGES

Be a Year 10, 11 or 12 student and *represented Immanuel in Div 1 (any board) or Div 2 (top two boards) of the SA Junior Chess League Interschool Chess Competitions.*

CRITERIA FOR AWARDING HALF COLOURS - MUST MEET ALL CRITERIA

1. Criteria for Badges have been met
2. Be a student of Year 11 or 12 (**A Year 10 may achieve this standard in exceptional cases**)
3. Display a **consistent and very high skill level translating to wins in the majority of matches**
4. Consistently show a high standard of **sportsmanship at the board**
5. Be a suitable role model for younger students
6. Be punctual, reliable and properly attired at **coaching** and matches.
7. Be a worthy ambassador for the school across all areas of school life.

CRITERIA FOR AWARDING FULL COLOURS - MUST MEET ALL CRITERIA

1. Criteria for Badges and Half Colours have been met
2. Be a Year 11 or 12 student
3. Had an **on-going outstanding** success in **competition matches** (unless new to Immanuel as a Year 12)
4. Made a contribution back to the sport ie. **on-going coaching/tuition** of *junior players*

DEBATING

CRITERIA FOR AWARDING BADGES

Be a Year 10, 11 or 12 student and *attended all training sessions and competitions as required by the Debating Coordinator.*

CRITERIA FOR AWARDING HALF COLOURS - MUST MEET ALL CRITERIA

1. Criteria for Badges have been met
2. Be a student of Year 11 or 12 (**A Year 10 may achieve this standard in exceptional cases**)
3. Display a **consistent and very high skill level**
4. Consistently show a high standard of behaviour
5. Be a suitable role model for younger students
6. Be punctual, reliable and properly attired
7. Be a worthy ambassador for the school across all areas of school life.

CRITERIA FOR AWARDING FULL COLOURS - MUST MEET ALL CRITERIA

1. Criteria for Badges and Half Colours have been met
2. Be a Year 11 or 12 student
3. Had an **on-going outstanding** success in the **school debating competition** (unless new to Immanuel as a Year 12)
4. Made a contribution back to **debating and or public speaking** ie. **on-going peer mentoring** of *junior players.*

MEDIA CLUB

CRITERIA FOR AWARDING BADGES

Be a Year 10, 11 or 12 student and complete all requirements set by the Media Club Coordinator.

CRITERIA FOR AWARDING HALF COLOURS - MUST MEET ALL CRITERIA

1. Criteria for Badges have been met
2. Be a student of Year 11 or 12 (**A Year 10 may achieve this standard in exceptional cases**)
3. Display a **consistent and very high skill level**
4. Consistently show a high standard of behaviour
5. Be a suitable role model for younger students
6. Be punctual, reliable and properly attired
7. Be a worthy ambassador for the school across all areas of school life.

CRITERIA FOR AWARDING FULL COLOURS - MUST MEET ALL CRITERIA

1. Criteria for Badges and Half Colours have been met
2. Be a Year 11 or 12 student
3. Had an **on-going outstanding** success in all aspects of the Club and its requirements.
4. Made a contribution back to Media Club ie. **on-going peer mentoring** of *junior players.*

SPORT

CRITERIA FOR AWARDING AN IMMANUEL SPORTS GOLD

MUST meet all the criteria and is nominated by the Awards' committee - awarded by the Principal

1. Criteria for Full Colours has been met in that sport at Immanuel in the year being considered.
2. Would the student have been chosen in any of our competitor Schools' first teams?
3. Played/selected for State League or higher standard and received accolades at that level.
4. Played/selected for State or Australian representative honours at U18 or above level.

CRITERIA FOR AWARDING BADGES

1. Regular attendance at training/rehearsals unless agreed upon by Sports Coordinators.
 2. Played in at least **60% of games** in a **1st team/ A Grade team** during the season.
- Athletics – be a Year 10, 11 or 12 student and *represented IC at U15, U16 or Open level in all selected events – Knockout, SSSSA, Achilles, Co-Ed, IGSSA.*
 - Swimming – be a Year 10, 11 or 12 student and *represented IC at U15, U16 or Open level in selected mid-week, SSSSA and IGSSA events.*
 - Cross Country – be a Year 10, 11 or 12 student and *represented IC at U15, U16 or Open level in selected mid week competitions and major CC events.*
 - Dance – be a Year 10, 11 or 12 student and *represent IC at internal and external functions.*
 - Pedal Prix – be a Year 10, 11 or 12 student and *attend maintenance sessions, trainings and ALL team events.*

CRITERIA FOR AWARDING HALF COLOURS – MUST MEET ALL CRITERIA

1. Criteria for Badges have been met.
2. Be a student of Year 11 or 12 (**A Year 10 may achieve this standard in exceptional cases**).
3. Display a **consistent and very high sporting standard and skill level**.
4. Consistently show a high standard of behaviour on and off the field.
5. Be a suitable role model for younger students.
6. Be punctual, reliable and properly attired at practice and matches.
7. Be a worthy ambassador for the school across all areas of school life.
8. Be available and willing for selection in ALL school based competitions (IGSSA, SAAS, SSSSA).

CRITERIA FOR AWARDING FULL COLOURS – MUST MEET ALL CRITERIA

1. Criteria for Badges and Half Colours have been met.
2. Be a Year 11 or 12 student.
3. Had **on-going outstanding** success in that sport (unless new to IC as a Year 12).
4. Make a contribution back to the sport i.e. **on-going** coaching of junior teams.

CRITERIA FOR AWARDING UNDEFEATED MEDALS

1. The team has won all round games and finals in respective competition (IGSSA or SAAS). Knockout not included.
2. Regular attendance at trainings unless agreed upon by Sports Coordinators.
3. Played in at least 40% of games for that team.

MUSIC

CRITERIA FOR AWARDING AN IMMANUEL MUSIC GOLD

MUST meet all the criteria and is nominated by the Awards' committee – awarded by the Principal

1. Criteria for Full Colours has been met in music at Immanuel in the year being considered.
2. The student will have been chosen in at least one of the College's first ensembles.
3. Played/selected for State ensemble(s) or higher standard and received accolades at that level.
4. Played/selected for National or International ensembles(s).

CRITERIA FOR AWARDING BADGES

1. Regular attendance at rehearsals unless agreed upon by Ensemble Directors.
2. Be a Year 10, 11 or 12 student and represented IC in the Senior Concert Band, Big Band One, Senior Vocal Ensemble, Vocal Jazz Blue or Chamber Orchestra in all selected events from the College performance and competition calendar.
3. Be available to play at all performances in Senior Ensembles during the year.

CRITERIA FOR AWARDING HALF COLOURS – MUST MEET ALL CRITERIA

1. Criteria for Badges have been met (a student not in an extra-curricular ensemble may be eligible in exceptional circumstances).
2. A Year 12 student (**a Year 11 may achieve this in exceptional circumstances**).
3. Make a significant contribution to the extra-curricular programme.
4. Demonstrate very good attendance and reliability in rehearsals and/or performances.
5. Demonstrate a high level of initiative and leadership in rehearsal and/or performance situations.
6. Demonstrate a high level of ensemble, solo performance and/or music production ability on an instrument/voice/AV.
7. Be a consistent and appropriate role model to all students.

CRITERIA FOR AWARDING FULL COLOURS – MUST MEET ALL CRITERIA

1. Criteria for Badges have been met (a student not in an extra-curricular ensemble may be eligible in exceptional circumstances).
2. A Year 12 student (**A Year 11 may achieve this in exceptional circumstances**).
3. Be an outstanding contributor to the extra-curricular programme.
4. Demonstrate excellent attendance and reliability in rehearsals and/or performances.
5. Demonstrate a very high level of initiative and leadership in rehearsal and/or performance situations.
6. Demonstrate a very high level of ensemble, solo performance and/or music production ability on an instrument/voice/AV.
7. Be an exemplary role model to all students.
8. Make a contribution back to music i.e. on-going mentoring of junior musicians.
9. The student will have continued in their large ensemble (Senior Concert Band, Senior Vocal Ensemble, Chamber Orchestra) for the duration of their final year of schooling.

Uniforms

MATCH UNIFORMS

It is expected that all students who represent Immanuel be attired according to the sports uniform dress code. Specific requirements for each sport are listed below. Please Note: The only clothing items to be worn over the top of team uniforms are the College sports jacket or rugby top and track pants. Hats should be worn for all outdoor fixtures in Terms 1 & 4.

SPORTS UNIFORMS

These are available only from the Immanuel Shop.

DRESS FOR MATCHES

It is important that all students who represent Immanuel are correctly dressed for the sport that they are playing.

ALL students will need the appropriate College shirt, the College sports top, College track pants, the appropriate school hat and sports shoes.

Pants worn under sports skirts must be dark blue boy leg shorts. School sports socks or plain white sports socks.

- All sports equipment must be treated with respect.
- First XVIII Football players must wear full winter school uniform to and from matches.
- First XVI Cricketers must wear blazers.

NB: In cold weather: The College sports jacket or rugby top may be worn as an outer garment over regulation track pants, polo top and sports top or the approved Year 12 jumper (Terms 2 & 3 only).

Uniform List

AEROBICS/SELF DEFENCE

Striped PE shirt.
IC navy shorts.

ATHLETICS

Striped PE shirt.
IC athletics singlet for competitions (*provided by IC*).
Navy bike pants/IC navy sports shorts/navy athletics shorts.
Track pants.

BASKETBALL

IC mesh basketball uniform shorts and top (*numbers required*).
White socks.
Mouthguards are recommended.

CRICKET

IC cricket shirt.
Long white trousers.
Cricket boots with spikes.
Plain white socks.
Approved white IC jumper (*A teams*) or sports top (*Years 7-9*).
IC cap or broad brim hat.
Personal protective equipment is **recommended**.
Individuals should have their own helmet.

NETBALL

College netball dress & boy leg shorts.
White socks.

FOOTBALL

IC football guernsey (*numbers are required*).
IC football shorts.
White shorts are required for 1st XVIII players for away games.
IC dark blue football socks (*IC hooped socks are provided to 1st XVIII players*).
Football boots.
Mouthguards are **strongly recommended**.
1st XVIII players must wear their full winter school uniform including blazer to matches.

HOCKEY

College soccer shirt (*numbers required*) and IC PE shorts.
Navy socks - (*hooped socks are provided to Open A players*).
Mouthguards & shin guards are **strongly recommended**.

SOCCER

College soccer shirt (*numbers required*).
Navy IC PE shorts.
Plain dark blue football socks (*IC hooped socks are provided to Open A soccer players*).
Football boots.
Mouthguards and shin pads are **strongly recommended**.

SOFTBALL

Blue softball knickers/PE shorts.
Striped PE shirt.
Open A - white shirt.
Navy socks.
IC sport cap.
Mouthguards and shin pads are **strongly recommended**.

SWIMMING

IC bathers.
IC PE uniform/tracksuit.

TENNIS

Striped PE shirt.
Premier League/Premier League Reserves - white shirt
Drive 6 & Open A1 Boys - white shirt.
IC PE shorts.
White socks.
IC sport cap.

VOLLEYBALL

Striped PE shirt.
Open A boys & girls - white numbered shirt.
IC navy sport shorts.
White socks.
Sandshoes (*non-marking soles*).

BADMINTON, SQUASH, TABLE TENNIS

Striped PE shirt.
Open A - white shirt.
IC navy sports skirt, shorts or track pants.
White socks.
Sandshoes (*non-marking soles*).

TABLE TENNIS

PE shirt is compulsory for match days.
IC navy sports shorts, pants and sandshoes.

MUSIC PERFORMANCE UNIFORM

Students involved in all extra-curricular music ensembles are required to have a music performance uniform, to be worn at selected performances throughout the year. Information relating to the ordering and purchase of this uniform will be given to new students early in the school year.

Other Activities

ACTIVITY	PROPOSED TEAMS & GROUPS	PERFORMANCE	REHEARSAL/ PRACTICE SESSIONS	CONTACT PERSON
Engineers Club	20 students (max) per semester	1 state competition	15 after school sessions. 90 minutes per session for 15 weeks per semester	Michael Pugh
<i>Students develop and solve engineering challenges using a variety of technological resources</i>				

Technicians Games Group	2 age groups: U15 & MA15+ 10-15 students per group Terms 1-4	Students maintain and use the club's network. Students play games across PS, XBox & Switch platforms & maintain Windows & Mac workstations	Students need to attend at least 3 out of 4 alternating between Monday & Thursday	Rob Churches
<i>Students assess the thinking and technology behind varied gaming applications</i>				

Media Club	Max 12 students Semester 1	Formal Course: Term 1 Project: Term 2	After school sessions 100 mins/ session Term 1	Jarrad Fraser
<i>Students develop an understanding and skills related to video editing and production</i>				

Critical & Collaborative Thinking Programme ie. Future Problem Solving, Tournament of Minds, Philosothon	Mixed Year level teams of varying sizes	Preparation materials and Event Days as per Competition Programmes	<ul style="list-style-type: none"> • Lunch time practice sessions • Resource Days • Private research time • Event days 	Michelle McLeod
<i>Students use high order thinking and collaborative skills to prepare for participation in event competitions. Students prepare for event competitions involving the development of strategies to solve complex scenarios in a public setting.</i>				

Debating	5-6 students per team. Teams at each year level. Terms 2-3	5 debates Year 7-9: Tuesday evening Year 10-12: Wed evening. Min 2 hours debate	Lunch time once a week Private research: 1-2 hours	Pam Fitzgerald
<i>Students prepare and participate in a long established inter-school debating competition</i>				

Public Speaking	Lions, PESA, Legacy, Rostrum & Lutheran Competitions	Feb to Sep Evening perf. min 3 hours.	5-6 hours prep per competition	Richard Calam
<i>Students prepare, rehearse and participate in a variety of public speaking forums</i>				

Writers Club	Years 8-12	Participating in various comps and self improvement programmes. Terms 1-4	Thursday 3.30-5.00 pm (every 2nd week)	Richard Calam
<i>Students participate in a variety of competitions and programmes designed to improve the clarity and impact of their writing</i>				

ACTIVITY	PROPOSED TEAMS & GROUPS	PERFORMANCE	REHEARSAL/ PRACTICE SESSIONS	CONTACT PERSON
Chess Club	Years 7-12 Terms 2 & 3	1 game, 6.45-8.30pm Friday fortnightly (must be available)	Friday lunchtime	Michelle McLeod
<i>Students practice and participate in the inter-school Secondary chess competition hosted by the SA Junior Chess League</i>				
Science Club	Years 7-12	Open Day Science Week	Friday lunchtime, Terms 2-3	Jane Bennett
<i>Students participate in a series of science-based activities with a focus on completing hands-on experiments each week</i>				
Model United Nations Club	Years 9-11 Terms 1-4	Conference, EVATT Trophy & Young Leaders Forum	Wednesday lunchtime, occasionally in school (during lesson time) or other lunchtime	Tim Bottroff
<i>Students gain a deeper understanding of worldwide issues and make a difference by becoming involved in raising awareness of important United Nations events and campaigns.</i>				
Readers Club	Years 7-12		Thursday lunchtime (every 2nd week)	Genevieve Garth
<i>Students read, assess and discuss the works of particular writers over an extended period</i>				
Art Club	Focussing on print-making	Workshop runs over 2 terms after school from 3.45-5.00pm on Wednesday	Workshop Size: 15 students	Sharron Linford
<i>Students focus on the development of an artistic piece blending theory and practice to develop a final piece</i>				
Fashion Club			Thur 3.30-5.00pm	Emma Tapp
<i>Students discuss and illustrate their specific approach to a fashion design issue</i>				



Parent Help

The College is always pleased to have the assistance of parents in a range of activities. Please complete this form if you are willing to help out on a regular or occasional basis. If you have any queries please contact any of the persons listed below either by email or phone on 8375 1700.

Name: _____ House: _____

Student(s): _____

Address: _____

Postcode: _____ Phone: _____

PLEASE TICK THE APPROPRIATE BOXES BELOW:

- | | | |
|---|----------------|------------------------------------|
| <input type="checkbox"/> Sewing for Drama | Trudi Hewitt | <i>thewitt@immanuel.sa.edu.au</i> |
| <input type="checkbox"/> P&F Committee | Steve Blight | <i>sblight@immanuel.sa.edu.au</i> |
| <input type="checkbox"/> Library Work | | |
| <input type="checkbox"/> Friends of Music | Stuart Robison | <i>srobison@immanuel.sa.edu.au</i> |

Property Services Grant Cirillo *gcirillo@immanuel.sa.edu.au*

- Electrical
- Plumbing
- General Maintenance
- Carpentry

Sports Assistance

- Sports Coach
- Sports Umpire
- Sports Trainer
- Team Manager
- Catering Van
- Other _____

Sporting Area (eg Athletics, Soccer): _____

- Boys
- Girls

Preferred Year Level/Age Group: _____

Please return form to College Reception



Immanuel College

IMMANUEL COLLEGE 32 Morphett Road, Novar Gardens SA 5040

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